

WELCOME TO OUR PRACTICE



Client Information and Office Policy

New Client: Welcome!

Thank you for choosing to enter treatment. This is an opportunity to acquaint you with information relevant to treatment, confidentiality and office policies. Your therapist will answer any questions you have regarding any of these policies.

**We require all of the included forms to be completed by the patient or guardian prior to your first appointment. Please read and complete all of the included forms and bring them with your insurance card to your first appointment.
Do not mail them back to our office.**

II. Aims and Goals:

The major goal is to help you identify and cope more effectively with problems in daily living and to deal with inner conflicts which may disrupt your ability to function effectively. This purpose is accomplished by:

1. Increasing personal awareness.
 2. Increasing personal responsibility and acceptance to make changes necessary to attain your goals.
 3. Identifying personal treatment goals.
 4. Promoting wholeness through psychiatric treatment and/or psychological and spiritual healing and growth.
- You are responsible for providing necessary information to facilitate effective treatment. You are expected to play an active role in your treatment, including working with your therapist to outline your treatment goals and assess your progress. You may be asked to complete questionnaires or to do homework assignments. Your progress in therapy often depends much more on what you do between sessions than on what happens in the session.

I. Appointments:

Appointments are usually scheduled for 45 minutes. The Business office hours are Monday thru Friday 9:00a.m. to 5:00p.m. We offer appointments Monday thru Saturday 8:00 a.m. to 8:00p.m. You will need to check with your specific provider to find out their hours. Please check in at the window when you arrive for your appointment, if it is after business office hours please have a seat and your provider will be with you.

Parents and/or guardians must attend the first appointment with their minor child, some of our therapists/psychiatrists prefer that the parents and/or guardians attend the first appointment alone, if you are not sure about your appointment please call our business office.

Patients are generally seen weekly or more/less frequently as acuity dictates and you and your therapist agree. You may discontinue treatment at any time, but please discuss any decisions with your therapist. In the event of an emergency, your psychiatrist or therapist may be reached by pager at 440-460-0140. If you are unable to reach your psychiatrist or therapist and it is an emergency, you may call your primary care physician or 911.

When calling our office your call will be answered by our “phone mail” system. Please listen to the menu options and make your selection. All of our therapists/psychiatrists have confidential “phone mail” for times when they are with patients or out of the office. Please leave your name, phone number and a time that you will be available at that number. Please do not leave billing questions on your therapist/psychiatrists phone mail, the business office handles all billing issues. If you need to schedule or cancel an appointment please call the business office or leave a message on your therapist’s phone mail

II. Confidentiality:

Issues discussed in therapy are important and are generally legally protected as both confidential and “privileged.” However, there are limits to the privilege of confidentiality. These situations include: 1.) suspected abuse or neglect of a child, elderly person or a disabled person, 2.) when your psychiatrist or therapist believes you are in danger of harming yourself or another person or you are unable to care for yourself, 3.) if you report that you intend to physically injure someone the law requires your therapist to inform that person as well as the legal authorities, 4.) if your psychiatrist or therapist is ordered by a court to release information as part of a legal involvement in company litigation, etc. 5.) When your insurance company is involved, e.g. in filing a claim, insurance audits, case review or appeals, etc., 6.) In natural disasters whereby protected records may become exposed or 7.) When otherwise required by law. You may be asked to sign a Release of Information so that you therapist may speak with other mental health professionals or to family members.

III. Record Keeping:

A clinical chart is maintained describing your condition and your treatment and progress in treatment, dates of and fees for sessions, and notes describing each therapy session. Your records will not be released without your written consent, unless in those situations as outlined in the Confidentiality section above. Medical records are locked and kept on site.

IV. Fees:

Fee for the initial visit is \$200.00

Each 45 minute counseling session thereafter is \$145.00

20-30 minute medication visits \$100

1 hour medication visits \$160.00

Requested letters \$25 - \$50

Summary of treatment/detailed report \$75.00

Court appearances \$250.00 an hour

Depositions \$250.00

School Meetings \$150.00

Phone calls with your provider longer than 5 minutes duration will be charged \$25 for each 15 minute interval there after.

We will forward 1 copy of your records at no charge, any copies after that will be sent after a \$10 copying fee is paid.

Additional work will be billed according to the amount of time involved.

Please check with the business office for fees for other services such as testing, Group, Reiki, Ect.

V. Payments:

Due too many changes with insurance carriers, it is your responsibility to understand your insurance coverage. Any services that we provide which are not covered by your insurance are your responsibility.

Self -Payment and Co-Payments are due at the time of the session unless other arrangements have been made.

Our office will file your insurance claim, **but you are responsible for deductibles, co-insurance, and co-payments. If the business office is closed please give your provider your payment.**

Our office will not carry balances over \$300.00 – If your balance is over \$300 we will not schedule any further appointments until payment is made.

We reserve the right to take any required legal action to obtain payment on an overdue account. If your account is sent to our collection agency and their lawyers you will be responsible for all collection costs and court fees.

NSF checks are charged a \$30.00 fee.

Please bring your insurance cards to your first appointment, and keep our office updated any time you receive a new card.

It is your responsibility to familiarize yourself with your insurance benefit.

IF YOU DO NOT GET PRIOR AUTHORIZATION YOU WILL BE RESPONSIBLE FOR THE VISIT.

Mental health benefits are different from your medical benefits and it's important that you understand what your benefits cover. Many insurance companies require the patient or guardian to obtain pre-certification for the first visit, and will not allow our office to obtain this for you. Please ask your insurance Company the following questions and bring the information with you to your first appointment.

1. Do I have a deductible?
2. Do I have a maximum number of sessions?
3. Do I have a co-pay or co-insurance?
4. Do I need pre-certification?
5. Is the billing address the same as the one on my insurance card?
6. Is my provider in-network or out of network?

If your insurance requires pre-certification, please bring the authorization number that they give you to

your first appointment. Authorization will go under your provider's name, their supervisor or Family Behavioral Health Services. If the insurance is having a hard time locating the provider, please call our business office so that we can help determine if they are on the plan.

Medicare – You **do not** need to call Medicare they will pay a portion of the allowed charges and you or your secondary insurance will be responsible for the portion that Medicare sets as patient responsibility.

Medicaid – You **do not** need to call Medicaid, our office accepts Medicaid

Medicaid HMO'S – Must have Authorization from their PCP (Caresource, Anthem, Ect.) We are not on Buckeye Medicaid.

VI. Cancellations and Missed Appointments:

You will be billed for a sessions that you cancel with less than 24 hours notice. You may leave messages 24 hours per day. **You will be billed \$75.00** --not just a co-payment. Insurance companies generally do not reimburse for failed appointments. **After three missed appointments, it will be at the therapist's discretion to schedule another appointment.**

VIII. PERSCRIPTION RENEWALS

If the following procedures are not used, your prescriptions will not be renewed.

If you are not following your doctor's treatment plan for follow-up appointments, your prescriptions will not be refilled.

Prescriptions are only refilled Monday - Friday 9:30 a.m. and 5:00 p.m.

For written prescription refills: **3 days notice is required**

Call your doctors voicemail 440-460-0140, Email (pkontos@fbhssl.com) or Fax (440)460-5413 our office with the following information:

Patient's name

Date of birth

If it is a 90 day RX

Full name of medicine

Amount you are taking and the directions of how you take it.

Controlled substance prescriptions (Ritalin, Adderall, Concerta, Focalin, Vyvanse, Etc.)

Patients who are on a controlled substance must be seen every 1-3 months depending on your treatment plan set up with your doctor. You will only receive prescriptions at your appointments. At the time of your appointment you will be given prescriptions. Take them to the pharmacy they will fill your first one and keep the rest on file. Lost or stolen prescriptions will not be replaced until it is due to be refilled. Please remember that our doctors' schedules book 6 weeks in advance.

For phoned in refills: **24 hour notice is required** - **We do not call the pharmacy**

Please have your pharmacy call our office at 440-460-0140, fax 440-460-5413 or email pkontos@fbhssl.com

You must set up with your pharmacy yourself to have prescriptions faxed to our office, we will not initiate faxed prescriptions.

Please check with your pharmacy after 48 hours, we do not call you back to tell you the prescription was called in.

DIRECTIONS TO OUR OFFICE

We are located on Wilson Mills Rd between 271 and Som Center Rd. Next to Austin's Steak House Restaurant, in Jefferson Park Complex. Our entrance is on the side of the 3rd building.

6559 C Wilson Mills Rd. Suite 102 Mayfield Village, Oh 44143





PATIENT REGISTRATION & CONSENT FOR TREATMENT FORM

PROVIDER: PK DM SM TG WTE LLE KCT SWK RAC

PATIENT INFORMATION PLEASE COMPLETE BOTH SIDES OF THIS FORM

FIRST NAME MIDDLE NAME LAST NAME DATE OF BIRTH

ADDRESS CITY STATE ZIP

SOCIAL SECURITY # PHONE WORK / EXTENSION OTHER/CELL

EMAIL ADDRESS -WE EMAIL APPOINTMENT REMINDERS AND OUR NEWSLETTER MAY WE LEAVE A MESSAGE AT HOME? YES NO MAY WE EMAIL YOU? YES NO IF NO DO NOT COMPLETE MAY WE LEAVE A MESSAGE AT WORK? YES NO

SPOUSE - SIGNIFICANT OTHER IF CHILD PARENTS/GUARDIANS NAME

PLEASE CIRCLE ALL THAT APPLY TO THE PATIENT: MALE FEMALE MINOR SINGLE MARRIED DIVORCED WIDOWED

PATIENT'S EMPLOYER OR IF CHILD PARENT'S EMPLOYER OCCUPATION

I AUTHORIZE THE FOLLOWING INDIVIDUALS TO HAVE ACCESS TO MY BILLING INFORMATION:

RELATION OF AUTHORIZED PERSON TO PATIENT: SPOUSE PARENT ADULT CHILDREN OTHER:

PERSON TO CONTACT IN CASE OF EMERGENCY RELATIONSHIP PHONE #

HOW DID YOU HEAR ABOUT US : OR WHO REFEREED YOU TO US IF YOU WERE REFEREED BY A DOCTOR OR THERAPIST PLEASE PROVIDE THE ADDRESS AND/OR PHONE #

RESPONSIBLE PARTY/INSURED COMPLETE IF PATIENT IS A MINOR OR INSURANCE IS NOT IN YOUR NAME

NAME OF RESPONSIBLE PARTY OR GUARDIAN RELATIONSHIP TO PATIENT

ADDRESS CITY STATE ZIP DATE OF BIRTH

SOCIAL SECURITY # PHONE OTHER / CELL WORK/EXTENSION

EMPLOYER ADDRESS CITY STATE OCCUPATION

FINANCIAL ARRANGEMENTS PLEASE INITIAL APPROPRIATE LINE

COPAYMENTS AND SELF-PAY ACCOUNTS ARE DUE AT THE TIME OF SERVICE

I AM A SELF- PAY PATIENT AND WILL \$ AT THE TIME OF SERVICE.

I ASSIGN MY RIGHTS TO ANY MEDICAL INSURANCE TO WHICH I OR MY CHILD IS ENTITLED, TO FBHS MY CO-PAY IS \$

I AM CHOSING TO UTILIZE A HEALTH CARE PROVIDER THAT IS NOT IN NETWORK WITH MY INSURANCE PLAN. THEREFORE I ACCEPT FINANCIAL RESPONSIBILITY FOR THE OUT OF NETWORK PENALTY DETERMINED BY MY INSURANCE COMPANY.

Consent For Purposes of Treatment, Payment, Operations and Acknowledgemnt of Privacy Practices

THIS CONSENT PERTAINS TO SERVICES RENDERED BY FBHS & APPLIES TO ALL PROVIDER SERVICES, EMPLOYEES & AGENTS OF FBHS

I CONSENT TO THE USE OR DISCLOSURE OF MY/OR MY MINOR CHILD'S "PROTECTED HEALTH INFORMATION" BY ALL FBHS PROVIDERS, EMPLOYEES & AGENTS FOR THE PURPOSE OF DIAGNOSING OR PROVIDING TREATMENT TO ME OR MY MINOR CHILD, OBTAINING PAYMENT FOR MY HEALTH CARE BILLS OR TO CONDUCT ANY AND ALL HEALTH CARE OPERATIONS OF FBHS. I UNDERSTAND THAT DIAGNOSIS OR TREATMENT OF ME OR MY MINOR CHILD BY, ANY FBHS PROVIDER MAY BE CONDITIONED UPON MY CONSENT AS EVIDENCED BY MY SIGNATURE ON THIS FORM.

I UNDERSTAND I HAVE THE RIGHT TO REQUEST IN WRITING RESTRICTIONS AS TO HOW MY PROTECTED HEALTH INFORMATION IS USED OR DISCLOSED TO CARRY OUT TREATMENT, PAYMENT OR HEALTHCARE OPERATIONS OF THE PRACTICE. FBHS IS NOT REQUIRED TO AGREE TO THE RESTRICTIONS THAT I MAY REQUEST, IF FBHS AGREES TO THE RESTRICTIONS I REQUEST, THE RESTRICTION IS BINDING ON FBHS.

I HAVE THE RIGHT TO REVOKE THIS CONSENT, IN WRITING, AT ANY TIME, EXCEPT TO THE EXTENT THAT FBHS HAS TAKEN ACTION IN RELIANCE ON THIS CONSENT. I UNDERSTAND THAT I MUST PAY FOR ANY AND ALL CHARGES FOR TREATMENT IF I REFUSE TO AUTHORIZE THE DISCLOSURE OF ANY PROTECTED HEALTH INFORMATION AND IT RESULTS IN DENIAL OF PAYMENT.

MY " PROTECTED HEALTH INFORMATION" MEANS HEALTH INFORMATION, INCLUDING MY DEMOGRAPHIC INFORMATION, COLLECTED FROM ME AND CREATED OR RECEIVED BY MY PROVIDER, ANOTHER HEALTH CARE PROVIDER, A HEALTH PLAN, MY EMPLOYER, OR A HEALTH CARE CLEARING HOUSE. THIS PROTECTED HEALTH INFORMATION RELATES TO MY PAST, PRESENT AND FUTURE PHYSICAL, MENTAL HEALTH OR CONDITION AND IDENTIFIES ME, OR THERE IS A REASONABLE BASIS TO BELIEVE THE INFORMATION MAY IDENTIFY ME.

I UNDERSTAND AND I ACKNOWLEDGE THAT I HAVE READ FBHS NOTICE OF PRIVACY PRACTICES PRIOR TO SIGNING THIS DOCUMENT. FBHS'S NOTICE OF PRIVACY PRACTICES IS AVAILABLE TO ME ANYTIME UPON MY REQUEST. THE NOTICE OF PRIVACY PRACTICES DESCRIBES THE TYPES OF USES AND DISCLOSURES OF MY PROTECTED HEALTH INFORMATION THAT WILL OCCUR IN MY TREATMENT, PAYMENT OF MY BILLS OR IN THE PERFORMANCE OF THE HEALTH CARE OPERATIONS OF FBHS. THE NOTICE OF PRIVACY PRACTICES ALSO DESCRIBES MY RIGHTS AND THE FBHS'S DUTIES WITH RESPECT TO MY PROTECTED HEALTH INFORMATION. FBHCC RESERVES THE RIGHT TO CHANGE THE PRIVACY PRACTICES THAT ARE DESCRIBED IN THE NOTICE OF PRIVACY PRACTICES. I MAY OBTAIN A REVISED COPY BY CALLING THE OFFICE OR ASKING FOR IT AT MY NEXT APPOINTMENT.

I UNDERSTAND THAT I MAY OBTAIN A COPY OF FBHS PRIVACY PRACTICES BY REQUESTING IT FROM THE BUSINESS OFFICE OR MY PROVIDER, READING IT ONLINE AT WWW.FBHSLLC.COM OR IN THE OFFICE WAITING ROOM. I DO NOT HAVE ANY QUESTIONS REGARDING FBHS'S PRIVACY PRACTICES OR THE RELEASE OF MY PROTECTED HEALTH INFORMATION.

I CERTIFY THAT TO THE BEST OF MY KNOWLEDGE AND BELIEF, THE INFORMATION PROVIDED IS COMPLETE AND CORRECT.

I AM THE PATIENT OR REPRESENTATIVE AUTHORIZED TO SIGN THIS DOCUMENT. I HAVE READ THE ABOVE AND UNDERSTAND ITS TERMS.

SIGNATURE OF PATIENT, GUARDIAN, OR PERSONAL REPRESENTATIVE

RELATIONSHIP TO PATIENT

DATE

Family Behavioral Health Services, LLC

Before coming to our office you must call your insurance and complete the following information.

Patient Name: _____

Primary Insurance: _____ **Phone number:** _____

Secondary Insurance: _____ **Phone number:** _____

My benefits are In-Network Out of Network

If Out of Network my coverage is: _____

Authorization Required No Yes **If yes Authorization #** _____

If you need authorization you must call for the initial authorization some insurance will not cover your visits without one. You will be responsible for all charges. You need a separate authorization for each provider that you see in our office.

If your insurance requires a Primary Care Physician Referral (some MMO plans, Caresource)

Please call your doctors office

Date called: _____ **Person spoke with:** _____

Co-pay amount \$ _____ **Co-pays are due at the time of service**

I have a coinsurance – My insurance covers _____ **% and I am responsible for the difference of the allowed amount.**

I am allowed _____ **visits a year** **Deductible** Yes No **If yes amount \$** _____

Billing address if different from your card: _____

I understand the above information and that I am responsible for Co-pays, Co-Insurance, Deductibles and visits that are un-authorized or beyond my allowed amount for the year. I understand that it is my responsibility to know my insurance benefits and coverage, and to notify the office if my insurance changes.

Signature: _____ **Date:** _____

Policies and Procedures of Family Behavioral Health Services, LLC

The patient/guardian hereby acknowledges that she/he has been informed that the following health care services may need pre-authorization or referral. I understand that if I do not get authorization I will be responsible for any and all charges that insurance does not cover.

I understand that I am financially responsible for any and all charges to FBHS and their providers for all services rendered to the above named patient from the beginning of services until discharge, regardless of insurance coverage.

The patient/guardian also understands that it is their responsibility to contact their insurance company for authorization and PCP for referrals.

The patient/guardian understands that if they wait the insurance company may not back date this authorization or referrals and that therefore the patient/guardian agrees that he/she will bear full financial responsibility for payment of all charges for these services.

I understand that FBHS requires 24 hours notification for all cancelled appointments and I will be charged \$75 for late cancellations or no shows. After 3 missed appointments it is up to my provider's discretion to schedule another appointment with me.

I understand that co-payments and self-payments need to be made at the time of service and FBHS reserves the right to refuse treatment without it.

I understand that FBHS reserves the right to notify my insurance company that I have broken my contractual agreement with them if I do not pay my co-pays at the time of service.

I understand that FBHS will not carry balances over \$300.00. If my balance exceeds \$300.00 my treatment may be terminated until it is paid.

I understand that there will be a \$30.00 charge for checks returned NSF by my bank, and that FBHS may refuse to accept checks from me after 2 NSF checks.

I understand that FBHS reserves the right to send my delinquent account to a collection agency and their attorneys. I agree that I will be responsible for all court costs, reasonable attorney fees and all other collection expenses. I authorize that in this process protected health information may be released to all contractors who carry out, assist in the performance of, or perform of the collections process.

I have received a copy and have read FBHS's Client information and policies. I understand all of the policies and agree to abide by them.

I have received a copy of FBHS's Privacy Practices Notice.

FBHS reserves the right to change their policies, and will post any policy changes in their waiting room. My signature on this form, states that I have read and completely understand the policies and procedures of FBHS.

SIGNATURE OF PATIENT, GUARDIAN OR REPRESENTATIVE _____ **PRINT NAME** _____ **DATE** ____/____/____

1/26/2010

ADULT HISTORY FORM

The purpose of this questionnaire is to obtain a comprehensive picture of your background. By completing these questions as fully and as accurately as you can, you will help me better understand who you are as a person and your life situation. Please answer these routine questions in your own time rather than using up actual consulting time. It is understandable that you might be concerned about what happens to the information about you, because much or all of the information is highly personal. **Case records are strictly confidential! No one is permitted to see your case record without your permission.*******

Date: _____

Name: _____ Age: _____ Sex: _____

Address: _____

Telephone: (day) _____ (Evening) _____

Occupation: _____ Employer: _____

Marital Status: (circle one) Single Engaged Significant Other Married Separated Divorced Widowed .

With whom are you now living? (list people) _____

Who referred you to us? _____

In your own words, what difficulties or problems bring you here at this time?

When did these problem(s) first begin? _____

Please estimate the severity of your problem(s): Mildly upsetting _____ moderately severe _____ Very severe _____

Extremely severe _____ totally incapacitating _____.

When are these problems worse? _____

When are they better? _____

Have you tried to get any previous help for these problem(s)? _____

If yes, with who? (Name &Address) _____

Was it successful and why or why not? _____

What important things have happened to you or your family in the last six months? _____

1/26/2010

Were your grades usually: Above Average _____ Average _____ Below Average _____

What special school problems did you have? _____

Dating and Relationships

How old were you when you began dating? _____ How Often did you Date _____

What did you like to do on a date? _____

What problems have there been with the opposite sex? _____

What important people are there in your life now? _____

Is your present sex life satisfactory? _____ Are you sexually inhibited in any way? _____

What was your parent's attitude toward sex? _____

Have you ever experienced any anxiety or guilt as a result of sex? _____

Marital and/or Significant Other History

How long have you been married to or living with your present spouse/other? _____

How old is he/she? _____ What is her occupation? _____ Education? _____

Personality of spouse/other in your own words: _____

If divorced, tell how and why you separated: _____

Does your spouse/other have a present illness or physical problem? _____ Kind? _____

Do you feel you need to straighten out your relationship? _____ Why and in what way? _____

What kind of person is your spouse/other? _____

How long did you know him/her before you were married? _____

What do you enjoy most about your relationship? _____

Least? _____

Who handles the money? _____ Is there any trouble with this arrangement? _____

How do you get along with your spouse/other's family? _____

How does he/she get along with yours? _____

Children

What are the names and ages of your children? _____

Who disciplines the children and how? _____

What are their present problems and/or illnesses? _____

Which child is easiest to get along with and why? _____

Which child most difficult and why? _____

1/26/2010

Job History

What is your present occupation? _____ How Long? _____

List your previous jobs and how long at each? _____

How do people on your present job treat you? _____

What problems do you have with the people or with the type of work on your present job or on your last job? _____

If you could have any job you wanted, what kind of job would you choose? _____

_____ Why? _____

Family History

Father:

Living or deceased? _____ If deceased, your age at time of his death? _____ Cause of death? _____

If alive, father's age _____ Occupation _____ Education _____ Health _____

Briefly describe your father's personality and his attitude toward you (past and present)? _____

Mother:

Living or deceased? _____ If deceased, your age at time of her death? _____ Cause of death? _____

If alive, mother's age _____ Occupation _____ Education _____ Health _____

Briefly describe your mother's personality and her attitude toward you (past and present)? _____

In what ways were you punished by your parents as a child? _____

Were your parents ever divorced or separated? _____

Was your home as close, warm, and loving as you wanted? Explain. _____

Siblings:

Number of Brothers: _____ Brothers age's _____

Number of Sisters: _____ Sisters ages _____

Describe your relationship with your brothers and sisters: _____

Were you especially close to any of them? _____

Were you able to confide in your parents? _____

Does any member of your family suffer from alcoholism, epilepsy, or anything which can be considered a mental disorder or an emotional problem? _____

Were you ever sexually approached or molested as a child, adolescent or adult? _____ If so, please describe what happened.

Personal History

Who (besides your parents) has been significant to you in the past _____

How were they significant? _____

What troubles have you had with the law? _____

Have you ever lost control (e.g. temper or crying or aggression). If so, please explain. _____

What is your main interest outside work? _____

Your religious affiliation? _____ How often do you attend church or temple? _____

Who lives in your home with you? _____

Ambitions - Past: _____

Ambitions - Present: _____

Self - description (Please complete the following):

a) I am a person who _____

b) All my life _____

c) When I was a child _____

d) One of the things I feel proud of is _____

e) It's hard for me to admit _____

f) I could be perfectly happy if _____

g) I know it sounds silly but _____

h) One of the things I feel guilty about is _____

i) One of the ways people hurt me is _____

j) Mother was always _____

k) What I needed from mother and didn't get was _____

l.) Father was always _____

m) What I needed from father and didn't get was _____

n) The bad thing about growing up is _____

o) One of the ways that I could help myself but don't is _____

p) My fears sometimes force me to _____

q) My most vivid childhood memory is _____

r) I believe most women (men) _____

s) If I had sexual relations _____

t) My sex life _____

u) I like my mother but _____

v) I like my father but _____

Military:

If you are a veteran, what did you do in the service? _____

Highest Rank _____ Where stationed? _____ Discharge date _____

What kind of discharge did you receive? _____

Financial:

What was your families income last year? _____ How many people did this support? _____

What medical / hospitalization insurance do you have? _____

Does it cover nervous / mental / emotional problems? _____

Goals:

What is there about your present behavior that you would like to change? _____

What feelings do you wish to change? _____

What do you consider to be your most irrational thought or idea? _____

What benefits do you hope to derive from therapy? _____

Additional Information:

Please list all psychologists, physicians, social workers, counselors, speech therapists, clinic, etc. with which you have had contact. Also please describe any other significant information about you that has not been asked about. Use space below and on the back of this sheet if necessary:

Name: _____ Date: _____

Mood Disorder Questionnaire

Has there ever been a period of time when you were not your usual self and...

You felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got in trouble? YES NO

You were so irritable that you shouted at people or started fights or arguments? YES NO

You felt much more self-confident than usual? YES NO

You got much less sleep than usual and found you didn't really miss it? YES NO

You were much more talkative or spoke much faster than usual? YES NO

Thoughts raced through your head or you couldn't slow your mind down? YES NO

You were so easily distracted by things around you that you had trouble concentrating or staying on track? YES NO

You had much more energy than usual? YES NO

You were much more social, outgoing than usual? YES NO

You were much more interested in sex than usual? YES NO

You did things that were unusual for you or people may have thought excessive, foolish or risky? YES NO

Spending money has got you in trouble? YES NO

If you circled YES to more than one of the above, have several of these ever happened during the same period of time? YES NO

How much of a problem did any of these cause you, unable to work, having family, money or legal troubles, getting in fights or arguments?

NO PROBLEM MINOR PROBLEM MODERATE PROBLEM SERIOUS PROBLEM